

EU Framework on Social Services of Excellence for persons with disabilities

Input of the Taskforce on Quality of Social Services for Persons with Disabilities First Reflections – March 2023

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1. Rationale

In March 2021 the European Commission launched the European Strategy for the Rights of Persons with Disabilities, outlining different initiatives that will undertake over the years to come. One of these initiatives, a flagship initiative as it is called, is the development of an *EU Framework on Social Services of Excellence for Persons with Disabilities*. And more specifically it is stated that "Building on the existing voluntary European Quality Framework for Social Services, the Commission will present, by 2024, a specific framework for Social Services of Excellence for persons with disabilities, to improve service delivery for persons with disabilities and to enhance the attractiveness of jobs in this area including through upskilling and reskilling of service providers."

The European Association of Service Providers for persons with Disabilities believes that the effective implementation of the Strategy for the Rights of Persons with Disabilities requires partnerships, innovative ideas, and local know-how. Therefore, EASPD set up a taskforce to support in developing input for the



European Commission on the development of the EU Framework of Social Services of Excellence. And, with this taskforce, EASPD wishes to follow a **co-production approach**, by working together with representatives of service providers, of persons with disabilities, of public authorities, international networks, as well as researchers and other relevant stakeholders.

The outcome of this taskforce is this paper that provides a first reflection of the key elements that an EU Framework on Social Services of Excellence needs to include. This will support social services' **move forward towards better quality, empowering and person-centred forms of support, aligned with the UN Convention on the Rights of Persons with Disabilities** (hereinafter UN CRPD).

2. Introduction

Social services encompass services related to care, support, and training, such as childcare, care and support for persons with disabilities and older persons, educational and vocational training, among others. These services aim to prevent situations of risk and vulnerability by improving the living conditions of individuals. They also focus on developing support networks to break down the barriers faced by these individuals and further promote the full enjoyment of their human rights. These services are developed on the basis of social inclusion and "the principles of solidarity and equal access" (Guagliardo and Palimariciuc, 2021). In this sense, they represent a type of Social Services of General Interest (SSGI), which encompass "services provided directly to the person, such as social assistance services, employment and training services, childcare, social housing, or long-term care for the elderly and for people with disabilities" (European Commission, 2013).

For many persons with disabilities, support represents an essential precondition for their active and meaningful participation in society, while preserving their dignity, autonomy, and independence¹. Thus, support services play a crucial role in further enabling people to fully enjoy their human rights and in empowering people to improve their quality of life. However, services face significant challenges, including those related to the underdevelopment of person-centred and community-based services including personal assistance, outdated infrastructure, staff shortages and poor working conditions and a sector which often offers unattractive work opportunities or work opportunities that are seen as "unattractive". The demand for care is also continuously increasing but the legal and fiscal policies are not facilitating the response to the complex and evolving needs of individuals. All these and much more, combined with the COVID-19 pandemic, pose threats on the resilience of the social sector.

¹ Quinn, Gerard. (2016). Report on access to rights-based support to persons with disabilities. A/HRC/34/58. United Nations Human Rights Office of the High Commissioner. Available here: https://www.ohchr.org/en/calls-for-input/report-access-rights-based-support-persons-disabilities





Consequently, persons with disabilities and other support needs may not have adequate access to support services based in the community and are deprived from fully realising their human rights. However, access to support services alone is not enough, but access to quality support services is what needs to be a priority. This means services that enable people to live independently, while empowering and supporting them to live the lives they want, where they want and with whom they want, with choices, control and opportunities equal to others in the community. For this to become a reality, it requires both the transition of services from institutional forms of care to person-centred support services based in the community and the re-orientation of policies and resources towards this goal.

Additionally, measuring the quality of services for persons with disabilities is a challenging mission for most service providers. The challenges arise not only from the lack of a mutually agreed definition on what quality is but also on how it can be measured and how this process can further support services to improve. Even if, in most of the countries, the assessment of quality in services is set out in legislation, they do not specify methodologies, indicators, and do not define quality, as well as translating the findings into practical recommendations and actions². In certain countries, also, the assessment of quality follows procedures, such as formal inspection visits, that are often closer to administrative processes in nature and do not provide services with the necessary means to develop and improve. However, with this European initiative, there seems to be a general interest, also on the EU level, to improve the quality of services and the assessment processes followed nationally. This is further indicated in the recently published EU Care Strategy and the accompanied Proposal for a Council Recommendation on access to affordable highquality long-term care³ where Member States are invited to establish a quality framework for long-term care and support, further highlighting that "High-quality care services have clear benefits for all ages." It is important to note here that through our discussions in the taskforce, it was expressed that the EU Care Strategy has a strong focus on the quality of the support provided, on workforce issues, and on investments, however, it is more ambiguous regarding the transition to independent living and the development of community-based support systems.

³ European Commission. (2022). A European Care Strategy for caregivers and care receivers. Brussels. Available here: https://ec.europa.eu/commission/presscorner/detail/en/ip 22 5169



² EASPD. (2021) Innovative frameworks for measuring the quality of services for persons with disabilities. Brussels. Available here: https://www.easpd.eu/publications-detail/report-on-innovative-frameworks-for-measuring-the-quality-of-services-for-persons-with-disabilities/



3. Overarching Elements for the development of the EU Framework

Setting up the foundations of the framework

- → The EU Framework on Social Services of Excellence should encourage the development and delivery of services in line with human rights principles as enshrined in the Convention.
- → When developing a quality framework, the focus needs to be on the impact that the service has on the quality of life of the people it supports primarily. This is referred to in the literature as outcomes and these outcomes need to be based on rights established in the UN CRPD and centred on the quality of life concept. This combined with indicators that look at the structures of a service, such as the resources available, staff ratio, equipment, facilities among others, as well as processes such as the way support is provided, will help in providing a comprehensive picture of the service's quality.
- → The Framework should **apply equally** to public, not-for-profit and for-profit service providers and reflect their diversity. While further highlighting that the services should have their roots in the local communities⁴. In particular, not-for-profit organisations have a significant impact on local development. They boost the local market, they develop employment prospects, attracting people to the local area, support in the development of the community and help local people improve their quality of life.
- → It should start with common quality principles, and a common definition of services of excellence, following the principles of the UN CRPD. The lack of a common European definition on quality and quality principles can hinder the development and improvement of services in Member States with non-facilitating policy frameworks and funding opportunities.
- → Starting with common quality principles and a common definition of services of excellence will also support **Member States in developing high quality services from the outset,** making quality an inherent and fundamental aspect of a service. Therefore, this Framework will not only support existing services' improvement but also in setting out the right foundations for the development of new ones.

Social services of excellence as part of a wider system

- → It should also include guidelines towards Member States regarding funding models and policy frameworks that can support reaching the objective. Social Services of Excellence, as a term, should be linked with a human-rights oriented approach. Policy frameworks and funding models can empower and facilitate high-quality services whilst concurrently being sustainable and flexible in the long-term.
- → This dictates towards a holistic approach, where services are seen as part of a wider system.

 Factors, such as community, mindset towards disabilities, accessible mainstream infrastructure, along

⁴ www.easpd.eu/publications-detail/impact-of-social-services-on-local-development/



with policies and funds, should also be considered. In one of the following chapters, we will analyse more the ecosystem within services operate and the important role that this plays in either supporting or hindering the development and improvement of services.

Framework and accompanying toolkit: design principles and pilot implementation

- → The design, development and implementation of the framework should be guided by a **co-production approach** and centralised around the "nothing about us without us" principle. Persons with disabilities, their families and their representative organisations should drive and influence this process, but service providers and their representative organisations should also be at the core of this, with the support of a broad diversity of relevant stakeholders. These stakeholders may include, researchers, policy makers, Member States, regional and local authorities' representatives, among others. It is important to note that accessible information, trainings and reasonable accommodation should be guaranteed to ensure the meaningful participation of the disability community in these processes on an equal level as all the other stakeholders.
- → Member States with existing Quality Frameworks in place, may be encouraged to take up the EU Quality Framework and its principles, if it is **designed in a way that can be integrated or cross-referenced in their existing ones.** This was indicated also when the EU Voluntary Framework was published, as mostly countries with non-existing ones were more eager to adopt it. However, this also suggests that existing quality frameworks supporting institutional forms of care should be updated to reflect and support the development of community-based support systems in line with the UN CRPD.
- → The Framework should be developed as a guidance to social services on what they should be working towards helping people achieve while working in a person-centred way, focusing on each person's needs, preferences, and aspirations. This means that the framework needs to result in the services with comprehensive principles and indicators that any tool should include with the aim to increase the awareness of services on what quality is, while also supporting services in continuously improving.
- → The Framework should also highlight that any tool that will be used needs to be **useful for informing service improvement not just measuring quality.** This is likely to be particularly important to achieve engagement and commitment from service providers, especially if the framework and resulting measures are voluntary. For this to be made possible, as mentioned previously, the framework needs to be accompanied by comprehensive principles and indicators that any tool should include. As well as be accompanied by **good practices on quality systems and frameworks** for services. These good practices need also to demonstrate how services can use the results of the quality measurement processes to develop action plans that will support them improve in a practical and feasible manner.



- → The adoption of the framework by the respective entities needs to be framed in a way that portrays it as advantageous. It should not add a bureaucratic element on the operation of services but be based on partnership, dialogue and collaboration with all relevant stakeholders.
- → The Framework and accompanying elements need to be piloted by service providers, disabled people organisations, people who draw on services in different EU countries, and this will raise awareness of the framework and increase the possibility of uptake from Member States. There are different ways to implement this, by organizing workshops and training on the framework, its principles and implementing it through pilot projects across the EU. Funding streams, such as the European Structural funds + and the European Commission's funding, such as the Employment and Social Innovation programming can realise this goal. It is also interesting to consider that the results of the piloting process can feed into the further development and review of the framework in a later stage.
- → Apart of a monitoring purpose the framework in each Member State should also establish a complaint mechanism to encourage people drawing on support to reclaim their rights and change the support service they are using when not satisfied.

3.1 Setting up the foundations of the framework

The EU Framework on Social Services of Excellence should encourage the development, improvement and delivery of services focusing on a human-rights approach in line with the rights and principles of the Convention. As described previously, when assessing the quality of the service **the main priority is to assess the impact that the service generates on the quality of life of the people it supports based on rights established in the UN CRPD.** This is in line with human rights standards where services are focused around the needs and preferences of the people they support.

The EU Voluntary Quality Framework on Social Services will be the starting point for the development of the upcoming EU Framework on Social Services of Excellence. The principles underpinned on the Voluntary Framework are an important building block which combined with the long-term care quality principles of the EU Care Strategy, they can set a critical starting point for the further development of a more comprehensive framework of Social Services of Excellence. In the present document we do not refer to these two frameworks since they are developed and well known by and in the European Commission.



The focus of this chapter is on the Quality of Life (QoL) model since it can support in understanding what user's quality of life is and it can also operationalise the values as underpinned on the Convention⁵, as it is generally agreed that the values of this model align with the values of the Convention. This combined with indicators that focus on the structures and processes of a service, following for example the Quality of Life Supports Model (described below) can help in providing a comprehensive picture of the service's quality.

There are multiple innovative frameworks developed and implemented in Member States which are combined in a recent study commissioned by EASPD on "Innovative Frameworks measuring the quality of social services for persons with disabilities"⁶. The Quality of Life model and the Quality of Life Supports Model are provided here as examples to emphasize an outcomes oriented and person-centred approach when assessing the quality of services. It is important to note that the values of this model shall be completed by guaranteeing choice and control of the individuals drawing on support over their lives and the services they use, as well as by guaranteeing that the evaluation process will not result in any consequences on the support people receive and that each individual decides on what quality of life means for them.

UN Convention of the Rights of Persons with Disabilities

The UN Convention on the Rights of Persons with Disabilities (UN CRPD) is an international framework setting out the rights of persons with disabilities. It does not introduce new rights, but it paves the way to a non-discrimination approach towards people with disabilities and their recognition as equal members of the society. It promotes their independence, inclusion, and active participation in the society, while recognizing the need to receive adequate support to fulfill their needs, wishes and preferences. The UN CRPD is legally binding to the countries that have ratified it, it sets out the legal obligations of Member States to protect and promote the rights of persons with disabilities and it calls for reshaping the way services are provided, in a way that is compliant with the CRPD and Human Rights principles.

Implementing the UN CRPD principles as set out in the articles may be challenging. Concepts, such as self-determination, need to be translated to evidence-based practices and specific indicators need to be developed to assess the process of implementing the Convention on a service delivery level⁷. The Quality of life framework provides an opportunity towards this aim, as it is a valid framework that can be used to assess services and systems by focusing on the outcomes that these have on the life of individuals and by bringing the individuals in the heart of the assessment process⁸.



⁵ Gómez L., Asunción Monsalve A., Morán L., Alcedo A., Lombardi M., Schalock R. (2020). Measurable Indicators of CRPD for People with Intellectual and Developmental Disabilities within the Quality-of-Life Framework. International Journal of Environmental Research and Public Health.

⁶ EASPD (2021) Innovative frameworks for measuring the quality of services for persons with disabilities. Brussels. Available here: https://www.easpd.eu/publications-detail/report-on-innovative-frameworks-for-measuring-the-quality-of-services-for-persons-with-disabilities/

⁷ Ibid

⁸ Ibid



Quality of Life Framework

The **Quality of Life framework (QoL)** has the potential to give services a focus and a clear set of outcomes that they can work towards supporting people achieve, while ensuring that they focus on each individual in a person-centred way. This framework not only provides support in understanding what Quality of Life is, but it also provides an action-oriented model which can operationalise the values as underpinned on the UN CRPD⁹. Although the original QoL conceptualisation pre-dates the publication of the UN CRPD, it is generally agreed that the values that underpin the QoL framework align with it¹⁰.

The QoL framework is defined as a state of personal wellbeing that has multiple dimensions and is composed of eight essential domains in the lives of all people. These domains are personal development, self-determination, interpersonal relations, social inclusion, rights, emotional wellbeing, physical wellbeing, material wellbeing and (relevant examples are provided in Figure 1¹¹). This framework is universal and cross-cultural, and it supports both to identify how an external person considers the QoL of

another person, and the perception of one's own QoL¹².

By incorporating the values and principles of the QoL framework into any framework aimed at supporting services improve, we are helping services and their staff to realise that one's quality of life is composed of multiple domains in their lives. These domains are what constitutes their personal well-being, and these

Quality of Life Domain	Exemplary Indicators	
Personal Development	-Education status	
	-Personal competency (cognitive, social,	
	practical)	
Self-Determination	-Autonomy/personal control	
	-Choices	
Interpersonal Relations	-Interactions (e.g., social networks)	
	-Relationship (e.g. family, friends, peers)	
Social Inclusion	-Community integration	
	-Community roles	
Rights	-Human (respect, dignity, equality)	
	-Legal (citizenship, access, due process	
Emotional Well-Being	-Contentment (satisfaction, enjoyment)	
	-Lack of stress (predictability and control)	
Physical Well-Being	-Health status	
	-Activities of daily living (self-care, mobility)	
Material Well-Being	-Employment status	
="	-Personal possessions	

are applicable to all people, regardless of their limitations¹³. So, QoL of an individual is not only if they are healthy and safe, but also for example, if they are supported in making decisions, in having friends, maintaining relationships, having a job etc. Furthermore, this framework supports in considering each individual as a whole person, looking beyond their disability and focusing on their strengths¹⁴.

Figure 1. Quality of Life Domains and examples of indicators

Quality of Life Supports Model

⁹ ibid

ibid ⁰¹

¹¹ Schalock R. (2020) The Quality of Life Supports Model: Components and Applications, Keynote Address: 17th International Conference on Positive Behavior Supports. Miami, Florida. Available here: https://www.apbs.org/conference/files/2020presentations/Keynote-Schalock-text.pdf

¹² Schalock, R.L. & Verdugo, M.A. (2002) Handbook on Quality of Life for human service practitioners. Washington DC: American Association on Mental Retardation

¹³ Schalock R. (2020) The Quality of Life Supports Model: Components and Applications, Keynote Address: 17th International Conference on Positive Behavior Supports. Miami, Florida. Available here: https://www.apbs.org/conference/files/2020presentations/Keynote-Schalock-text.pdf
¹⁴ ibid



Building upon the QoL framework, the **Quality of Life Supports Model** (QoLSM), has emerged in recent years. This model can support in developing and implementing individualised support systems and services for persons with disabilities. It can also work as an evaluation mechanism to investigate the impact of these systems and services on an individual's quality of life. Currently, this model is used to guide the provision of support, provide a framework for organizational transformation, and encourage systems change¹⁵.

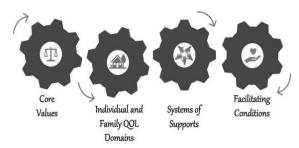


Figure 2. Quality of Life Supports Model

This model encompasses, the new disability paradigm as envisioned in the UN CRPD, it recognizes the capacity of people and their potential to grow and develop, it respects self-determination, inclusion, equity of individuals with disabilities and their families and commits in addressing a person's support needs while fostering opportunities to further improve people's well-being. These are what they call the "core values" of the model.

The QoLSM builds upon the Quality of Life individual or family domains which focus on outcomes relevant to the eight domains of the QoL framework that were described above. And each of these domains are aligned with the Articles of the UN CRPD and they support in operationalising the new disability rights paradigm.

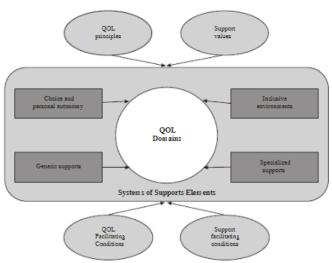
Centralised around the Quality of Life individual or family domains this model identifies the main elements of a supports system. The supports system is a range of resources and strategies that can help in further improving the personal well-being of an individual with a disability and this includes:

- **Choice and Personal autonomy**, such as the opportunities to make choices and exercise self-determination, facilitated when needed through supported decision-making.
- The development of **inclusive environments**, where persons with and without disabilities are included and valued, such as supported employment, supported living, inclusive education.

¹⁵ Gomez L., Verdugo M. (2021) A quality of life supports model: Six research-focused steps to evaluate the model and enhance research practices in the field of IDD



- The development of generic support
 which is mainstream and accessible
 to all people, such as technology,
 prosthetics, lifelong education
 opportunities, reasonable
 accommodations.
- The development of specialised support, which refers to the development of support targeted to persons with disabilities and other support needs, such as professionally based intervention, speech therapy, occupational therapy etc.



Factors Influencing QOL Supports Model Implementation

Organisations that incorporate the QOLSM are integrating the **core values of the model** within their policies and practices, they are promoting **the principles of the QOL framework** and its **facilitating conditions** which involve people's participation in the community, promoting a sense of belonging, maximizing the person's capabilities, allowing freedom to engage in major life activities, being committed to the goals that are important to the person and family and respecting differences. They also implement policies and practices based on the principles of supports system, such as availability and accessibility of support, safe and secure environments, information about the elements of a supports systems, competent and knowledgeable support providers and staff, consistency and stability of support provision, and coordination and management of supports.

These demonstrates that the transformation of services requires reforms not only on the service delivery level but also reforms related with policies that can further facilitate the smart transition of social services to more enabling and empowering forms, based on human-rights principles. Consequently, persons with disabilities and other support needs will have access to a comprehensive supports system based on their evolving needs and wishes helping them achieve their dreams and goals in life.

It is important to note here that members of the taskforce expressed the concern that the concept of quality of life implies a specific version of good life that responsibilises people into thinking and acting in specific ways. Therefore, as also mentioned previously the values of this model shall be completed by guaranteeing choice and control of the individuals drawing on support over their lives and the services



they use, as well as by guaranteeing that the evaluation process will not result in any consequences on the support people receive and that each individual decides on what quality of life means for them.

3.2 Social Services of Excellence as part of a wider system

The smart transformation of services to more enabling and empowering forms of care and support is becoming a reality. Slowly but steadily many social services are working continuously to ensure equal opportunities for persons with disabilities by guaranteeing the delivery of high-quality support in line with the principles of the UN CRPD. Therefore, it is essential when assessing the quality of social services to take into consideration the broad diversity of situations and legal contexts under which they operate.

The reality is that there are <u>very few examples of legal frameworks in full compliance</u> with the mandates of the Convention across Europe, and that in many cases the <u>funding procedures are restricting services</u> from responding to the evolving needs and wishes of persons with disabilities. These, along with the <u>workforce issues</u>, such as staff shortages, non-attractive job opportunities, low wages, hinder the process of transformation of services towards Social Services of Excellence. With this basis, we aim to emphasize that for an EU Framework for Social Services of Excellence to become a reality there are certain facilitating conditions that need to also be considered:

- → Clear and facilitating legal frameworks
- → Correct and sustainable funding
- → Well-trained and adequate workforce with supportive management/ organisational structures

3.2.1 Clear and facilitating legal frameworks

Since the introduction of the UN CRPD, the role of social services has transitioned from protecting and solely keeping persons with disabilities healthy towards empowering and enabling them to enjoy their rights on an equal basis with others. The Convention, therefore, calls for human-rights, empowering and person-centred forms of support. This transformation of services, however, needs strong foundations and legal frameworks are considered one of them.

There is a big gap between the principles of the UN CRPD, the legal frameworks in EU Member States and the implementation of the Convention on the service provision level. Across Europe, we may identify innovative social services -following the principles of the Convention- with non-compliant legal frameworks or in certain cases even the opposite. Although, this does not suggest putting all the emphasis on policies and losing the scope, which is the actual implementation of the Convention on the service provision level. But rather wishes to emphasize the important role that policies play by either further supporting or restricting the application of the UN CRPD principles on the day-to-day delivery of services.

Supported decision-making for example is becoming a key notion in many Social Services, to empower the people they support to make informed decisions on all aspects of their lives, as endorsed by Article 12 of the Convention. However, most legal frameworks around Europe, apply substitute decision-making approaches, resulting in people having a legal guardian who makes some or all decisions for them, and often without consulting the people themselves.

How can supported decision-making be possible when the legal frameworks do not support this reality, do not provide clear guidelines, training and further support to services and their staff to realise the right of the people they support in making decisions? This in no way aims to justify substitute decision-making regimes, this aims to provide clarity on the correlation between national legal frameworks and the impact that they have in the provision of services in line with the principles of the Convention.

Social services need clear and facilitating legal frameworks that enable and empower them to provide support in line with the Convention!

The following interesting developments have been identified across Europe, which, however, also include some concerning developments. Therefore, it is important to consider them with a critical approach:

<u>Deinsitutionalisation (DI) reforms</u> is the starting point to develop empowering and enabling support services. Greece is among the Member States in which the European Commission identified the need for DI reforms to create support systems in the community. Greece through the *Technical Support on deinstitutionalisation (DI) process in Greece*¹⁶ project developed processes and procedures, such as a DI national strategy, a roadmap, and an action plan, to enable the effective implementation of the deinstitutionalisation process.

Another example of facilitating legal frameworks coming from Spain is Law 8/2021¹⁷ reforming their system into <u>promoting respect for the will and preferences</u> of persons with disabilities and <u>advancing their autonomy</u>. This Law reforms civil and procedural legislation <u>to promote support for persons with disabilities in the exercise of their legal capacity</u>, moving away from the guardianship model.

¹⁶ EASPD (2019). DI Greece: Technical Support on deinstitutionalisation (DI) process in Greece. Available here: https://www.easpd.eu/project-detail/di-greece-technical-support-on-deinstitutionalisation-di-process-in-greece/

¹⁷ EASPD (2021). Models on innovative practices focusing on supported decision-making mechanisms. Brussels. Available here: https://www.easpd.eu/publications-detail/models-on-innovative-practices-focusing-on-supported-decision-making-mechanisms/



Scotland introduced the <u>Social Care (Self-Directed Support) Act</u>¹⁸ in 2013 which provided people with care and support needs four options for receiving support. <u>Self-directed support is an approach which puts the person in the centre of planning</u> and can encompass different elements, one of these elements being the user-centred funding model. For instance, <u>persons with long-term care and support needs can choose what kind of support they wish to receive and how they wish to use it.</u> Individuals who have already been assessed as needing a community care service can: Purchase their own support and use a direct payment to pay a person or third party; Direct their own support and the local council will arrange it; Allow the local council to direct and arrange their support or a combination of the previous options.

An additional example is the Legislative Degree of 2017¹⁹ in Italy for the <u>promotion of inclusive</u> <u>education for students with disabilities.</u> It calls for a person-centred approach with individual plans, the commitment of schools in creating their own inclusion plans – and relative resources, such as budget and school staff. As well as it foresees training on inclusion for all teachers, and inclusion is monitored as a part of the quality criteria.

3.2.2 Correct and sustainable funding

The evolving needs of persons with disabilities and other support needs demand a rather evolving funding model towards social services to support in meeting these needs. The economic decisions taken, as a result of the 2008 financial crisis, contributed to decades of under-funding of services in the field of disability, and the ongoing structural weaknesses of the sector towards quality, innovation, staff shortages and outdated infrastructure. This was brought to light and worsened by the COVID-19 pandemic and its impact also on the financial continuity of many providers of services. A re-think is needed around how much is invested in care and support for persons with disabilities and the continuity of the system itself.

The experience from Europe²⁰ to date suggests that the type of funding model chosen to support social care services can have a dramatic (and often adverse) impact on services and their quality. For example, in a competitive market (often found in public procurement) where price outweighs quality as a criterion for winning the contract, and regular (sometimes even annual) contract renegotiations result in an entirely short-term approach. It has been characteristic to these models that procedures are made far from people. Individual needs and aspirations are often not taken into account but the procedure is implemented for rather big groups of people. Then service providers are forced to make service offers

²⁰ EASPD (2020). Funding of disability services in Europe: a state of play. Brussels. Available here: https://www.easpd.eu/fileadmin/user_upload/EAS_007-21_Study_on_funding_v2.pdf



¹⁸ Social Care (Self-directed Support) Scotland, Act 2013. Available here: www.legislation.gov.uk/asp/2013/1/contents

¹⁹ Legislative Degree no 66 of 2017: https://www.gazzettaufficiale.it/eli/id/2017/05/16/17G00074/sg



based on this, without individual considerations. Also, people's needs and preferences are changing and they might need more or different kind of support than settled in the procurement process. Apart from the negative impact that this has on the people supported, it can create unstable employment for staff, insecure funding for providers and can lead to impossible demands on the capacity of small local providers to cope with delayed cash flows, with re-submission requirements and to create attractive jobs etc.

A Quality Framework should consider key principles for an effective funding mechanism for disability services -setting the right mindset first, safeguard commitment and transparency from public authorities, develop the mechanism based on partnership and dialogue, ensure flexibility and user-centeredness, as well as continuous quality measurement and improvement, and support to build the capacity of stakeholders to understand and transition to new funding models and policies. Currently, there are many initiatives being taken by Authorities to create funding models which promote effectiveness, user involvement and partnership approaches to services for persons with disabilities, which make the most of the significant advantages offered by Europe's strong network of not-for-profit social services.

Therefore, it is imperative to identify alternative funding models²¹ to public procurement that fully consider the needs, wishes of people with disabilities, partnership approaches with not-for-profit social services, while ensuring the sustainability of the services.

Key elements²² to the funding of community-based care and support services, in line with international human rights standards:

- **Mindset first**: social services play a crucial role in further enabling people to full enjoy their human rights, in line with the UN CRPD. Therefore, the funding of social services needs to encourage and empower social services in this role.
- Commitment from public authorities to provide adequate and sustainable funding to give services the necessary space to transform their services towards better quality, more empowering and person-centred forms of support. Commitment also needs to be shown towards improving the efficiency of administration behind service provision, ensuring that applications for services by persons with disabilities are treated in a timely manner and that people are not left on endless waiting lists before they receive the support they need. This goes together with **Transparency** on the rules that define the funding mechanism.
- Based on **Partnership and dialogue**: developing trust between stakeholders, such as public authorities, service providers, persons receiving support, their family members is a key

²¹ EASPD (2019). How to Fund Quality Care and Support Services: 7 key elements. Brussels. Available here: www.easpd.eu/fileadmin/user-upload/Bucharest-2019-conference-report-2.pdf
²² Ibid





element to the correct implementation of any policy. This relationship supports in identifying solutions to effectively detect the needs and address challenges.

- **Flexible** to allow room to services to innovate and support people with disabilities based on a person-centred way, in line with their needs, and wishes. Too often, funding models tend to remove any room for flexibility and innovation as costings are linked to very specific tasks and consequently this has an impact on the support that persons with disabilities receive.
- **User-centred** to empower persons with support needs to have more choice and control over the care and support they receive, allowing them to meet their individualised needs, wishes and preferences and to live their lives as they want.
- With established Quality and monitoring systems. An effective funding model should be
 continuously monitored in terms of the quality of its impact over the well-being and quality
 of life of people it supports and improved accordingly. The Quality and Monitoring systems
 should also be developed and implemented, in partnership with all relevant stakeholders.
- Providing the right Support and capacity-building mechanisms to ensure that all stakeholders have the right understanding and support to use the new policy in the best possible way.

Promising examples of funding models across Europe:

- → Personal Budgets²³ is an innovative funding model gaining the attention of public authorities across the EU. Sweden for example is one of the first countries to introduce the Personal Assistance Budget (PAB) in their national law and in 1993, similarly in the Netherlands, since 1995. In Flanders, Belgium the personal financing has been introduced since 2016. Many other EU countries, such as Ireland, Austria, Spain, and Finland have started pilot projects related to the personal budgets funding model.
- → Partnership models²⁴: In 2017 in Italy the "Code of the Third Sector" was enacted, introducing alternative models to public procurement for the provision of social services. Through a model of partnership and collaboration between services and public authorities there is a 3-step model that is implemented.
 - Through <u>co-programming</u> the services together with the public authorities are investigating to identify the societal needs, the key areas of actions and the resources available.
 - Followed by <u>project co-development</u>, they define the services/ interventions that are needed to meet the needs that they were identified during the co-programming stage. This is mainly happening through roundtable meetings between services and public authorities.

²⁴ EASPD - Sidley Austin LLP. (2022) Memorandum on Alternative models for the provision of social services in the European Union, unpublished.



²³ UNIC project (2021). Models of Good Practice Report on Personal Budgets. Brussels. Available here: https://www.unicproject.eu/wp-content/uploads/2021/09/2.1-Models-of-Good-Practices-report.pdf

 Lastly, during the <u>accreditation phase</u>, the services with whom the public authorities will activate the project co-development partnership are identified.

3.2.3 Well-trained and adequate workforce with empowering management/ organisational structures

Support professionals are the foundation of social services. They are key to the development and further functioning of the services, and they can fulfill their important role if they are well-trained and in sufficient numbers. Training professionals is considered also one of the key principles for promoting implementation of the Convention²⁵. Yet one of the consequences of the underfunding of social care is precisely the cuts to expenditures around the training of staff, as well as the diminishing number of trained staff available.

The social care and healthcare sectors have the potential of creating 8 million new jobs²⁶ over the next decade. However, we are far from making the most out of this potential. Staff shortages have exacerbated after the COVID-19 pandemic, with many moving towards the healthcare sector and better paid positions, often in other EU countries. The lack of attractiveness of the sector, poor working conditions, often absent career, and knowledge advancement opportunities further contribute to this trend. The sector also struggles to attract men and it also relies on migrants, either from within or outside of the European Union. The single most important element and challenge in social service provision is staff ²⁷ and the detrimental impact all these challenges can have on the transition to person-centred and community-based forms of care and support (rather than institutional), in line with the UN CRPD, cannot be underestimated.

Simultaneously, the development of new occupational profiles for the staff working in social services can benefit both the transition from institutional culture in service provision towards person-centred support and the attractiveness of the jobs in the sector. Work in social services should not be static but evolving, based on the needs and wishes of the people each staff member supports. This is why training plays a crucial role and a combination of forms of training is needed, as every person who draws on services should also receive support and the opportunity to train their staff on how they want to be supported. Supporting a person with a disability to live independently is about living a life full of experiences, new opportunities, possibilities, and this also means that the role of support staff shall be about establishing and maintaining the social roles of the person they support. This also means enabling front-line social care

²⁵ Article 4 of the UN CRPD on General Obligations of States Parties. Available here: https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities/article-4-general-obligations.html

²⁶ EASPD (2021). EASPD Position Paper on the EU Care Strategy. Brussels. Available here: https://www.easpd.eu/fileadmin/user-upload/EU Care Strategy EASPD Position Paper.pdf
²⁷EASPD (2019). Staff Matters: From care worker to enabler of change. Brussels. Available here: https://www.easpd.eu/fileadmin/user-upload/EASPD Helsinki Conference Report 2019.pdf

workers spending more time working with the people they support, rather than largely engaging with the administrative aspects of their work, such as reporting.

Furthermore, the development of person-centred and community-based services can also be at the centre of solving the sector's staff challenges as organisations who are more successful at recruitment and retention also tend to be organisations which have human-rights values at the heart of their work.

The implementation of the Convention relies on the sector's ability to recruit, retain, and train the growing pool of workers with the required skills!

- → Working time reduction²⁸: In Austria, after the pandemic hit the country, a three-year agreement between the social partners was found in April 2020. The social partners agreed to wage increases for 2020 and 2021, and to a working time reduction to 37 hours from 1 January 2022 onwards. This agreement is considered a milestone by the unions. In addition to the efforts of the private sector, the City of Vienna has started a 3-year evaluation of working time for the public sector. The public-sector union will accompany this evaluation and will show the specific needs of the different health and social care sectors. For health professions, more factors than working time should be considered to improve working conditions and ensure a high-quality care the promotion of training and further education, as well as making the various professions more attractive will be also considered.
- → The promotion of social dialogue between employers and workers representatives in social care services is crucial. The European Commission, as communicated in the recent European Care Strategy, recognizes that strong social dialogue together with better working conditions, wages, education and training can make jobs more attractive and it will continue explore the setup of a sectoral social dialogue for social services at EU level. Social dialogue structures in the sector are often weak, in particular (but not only) in Central and Eastern Europe. Even at EU level today, there is still no sectoral social dialogue committee for social services, including social care. In Flanders for example, agreements between employer and employee organisations and the Flemish Government are made to improve working conditions, since 1998. These Flemish Intersectoral Agreements (VIA) are framework agreements that can then be concretised in collective agreements. In 2021, this resulted in wage increases and additional staff. There will also be an action plan for the inflow of new employees and measures for better working conditions.
- → Promising examples of trainings:

²⁸ Federation of European Social Employers (2022). New report: Impact of Covid-19 on the social services sector and the role of social dialogue. FORESEE project. Brussels. Available here: https://socialemployers.eu/en/news/new-report-impact-of-covid-19-on-the-social-services-sector-and-the-role-of-social-dialogue/





- The European Care Certificate²⁹ (ECC) is a Europe-wide qualification which covers the basic knowledge that is required for an individual to work in a health and social care setting. The ECC is aimed at trainers, employers, and staff in the sector. After completion of the training and successful pass of the exam, participants receive a certification and are recorded on a central database.
- The WHO QualityRights³⁰ initiative is an online training with the goal to change mindsets and practices in a sustainable way and empower all stakeholders to promote rights and recovery to improve the lives of people with psychosocial, intellectual, or cognitive disabilities everywhere.

3.3 Framework and accompanying elements: design principles and pilot implementation

The design, development and implementation of the framework should be guided by a **co-production approach** and centralised around the "nothing about us without us" principle. Developing the framework in a way that can be integrated or cross-referenced in existing frameworks, can further increase its uptake. It should also not add a bureaucratic element on the operation of services but be **based on partnership**, **dialogue and collaboration with all relevant stakeholders**. This can further be achieved when the Framework is developed as **a guidance to social services** on what they should be working towards helping people achieve while working in a person-centred way, focusing on each person's needs, preferences, and aspirations and ensuring that it will be **useful for informing service improvement** – **not just measuring quality**. Therefore, **piloting** the Framework and accompanying elements in different EU countries, will raise awareness of the framework and increase the possibility of uptake from Member States.

Design principles of the Framework and any tool that will result into:

www.who.int/publications/i/item/who-qualityrights-guidance-and-training-tools



²⁹ Homepage: European Care Certificate (eccertificate.eu)



→ The development of an accompanied document with examples of existing tools (see Figure 3) that can be tailored to specific services and persons with support needs can encourage the uptake of

the framework. Different tools can support in assessing different aspects of a service and measurement instruments can be specific to different target groups and services. Therefore, the EU Framework on Social Services of Excellence should result in the development of

The QOLSM Self-Assessment Template.							
QOLSM Component	Component Indicators	Primary Evidence Sources					
Core Values	QOL principles related to equity, inclusion, self- determination, and empowerment are applied	Mission Statement					
	Support values are implemented that involve:	Organization written policie					
	 the anticipation of improved functioning 	Observable practices					
	 recognition of the person' capabilities 						
	 understanding the person's support needs 						
	 fostering opportunities to enhance the 						
	person's functioning and well-being						
		and the second s					

Figure 3. Example of a tool, the QOLSM self-assessment template

practical recommendations accompanied by examples that can be used in different countries.

- → To further support gathering information about people's lived experiences and particularly in relation to people with severe and profound intellectual disabilities it is essential that outcomes are clearly operationalised and in a way that can be applied to ALL people with disabilities, including those with severe and profound disabilities.
- → This is also why observational methodologies (what someone will see when visiting a service) are equally important as a tool³¹ (see Figure 4). This can be facilitated with the introduction of experts by experience persons with disabilities- in the quality monitoring processes within Member States³². Furthermore, this in no way

Support Practices – what would we see or what would people tell us about the support they receive and their staff. Attitudes and ethos Person-centred Staff put the person they support at the centre of their activity, seeing people as individuals **Empathy** Staff understand people's needs and the things that are important to and for the person. They adapt their approaches to respect people's needs and preferences. Working methods and technical skills Enabling Staff provide support that enables people to participate in all aspects of their lives support and have control. People are engaged in a wide range of meaningful activities and relationships that lead to maintenance of, and improvements in, quality of life. **Effective** Staff use the methods of communication that work for the individual(s) they communication support. Verbal means of communication are accompanied by environmental cues and non-verbal forms of communication to support understandings and processing. Responsiveness Staff notice and respond when people need support e.g., for personal care, to have their physical needs met, for help to participate etc.

denies the importance of capturing the

Figure 4. Example of observational indicators

subjective experiences of people with profound disabilities, when possible. It further aims to showcase that this can explore both the lived experiences of people who use services and looking at the quality of support and the practices and processes in use within services.

³² The UNIC project will develop a guide on how to train and support peer-to-peer interview processes to measure the quality of personal budgets. The guide will be ready in the end of 2022 and the link will be shared here as well.



³¹ EASPD (2021) Innovative frameworks for measuring the quality of services for persons with disabilities. Brussels. Available here: https://www.easpd.eu/publications-detail/report-on-innovative-frameworks-for-measuring-the-quality-of-services-for-persons-with-disabilities/



→ It is therefore essential to acknowledge the need for "triangulation" of different sources of evidence on service quality. We need to combine subjective measures that look at what is important to people and how they experience life and the services they receive, with objective indicators, that will usually require observation methodologies. These indicators shall (see figure 5) ensure that needs are being met and that people have the same rights and opportunities as people without disabilities along with the support they need to realise those rights and make the most of

Self-reported indicators - what we would like the people in receipt of services to say?	Objective indicators – what would we see and hear?	I live in a home that is right for me it is adapted to my needs and I can afford it.	The house that the individual lives in is adapted to their needs, homely and in good repair.
Staff treat me with kindness and are helpful and friendly. They encourage me and use positive language.	Staff appear to enjoy working with individuals. Staff use positive language and work in a way that shows understanding of people's needs and skills and respect for people's preferences. Individuals appear to be enjoying the company of their staff.	I own or rent my own home/ have a tenancy agreement that means I am secure in my living arrangement.	The person's housing situation is secure – they are not at risk of not being able to pay their rent or of eviction for any other reason.
		I attend meetings about my care and support and am involved in planning my life and my support. I get help to achieve the goals I	Individuals are involved in a meaningful way in identifying goals and aspirations during planning processes.
Figure 5. Examples of objective & subjective indicators		want to achieve.	 Individuals are supported to be attend and participate in their planning meetings.

the opportunities available to them. These indicators should further ensure that people drawing on support have the same range of choices and self-control as people without disabilities, that they have different options and services within the community allowing them to choose and control the support that they need. However, we cannot rely only to objective indicators based on observation methodologies, since these can also be subjective. Therefore, it is important to combine also other type of objective indicators, such as statistical information on the standard of living for persons with disabilities, access to labour market, independent living and inclusion in the community etc.

→ The framework should be accompanied by **good practices on quality systems/ frameworks for services**, as mentioned previously with concrete criteria aligned with the UN CRPD. This will further support Member States with practical examples in encouraging services to develop and improve through quality measuring frameworks, as it is often not only the lack of political will/ commitment that puts a stop in realizing this, but also the lack of know-how to implement such fundamental changes.



→ A participatory approach towards service evaluation should be followed. Persons using the services, their families when applicable and not restrictive to the people themselves, and the staff members should be involved when assessing the quality of services. An outcomes-oriented

approach to services quality directs towards looking on the outcomes it produces for the people it supports but also those of their family members

Quality of Life
Domains

Respect for the individual's worth and personal
autonomy
Joint development and implementation of the Personal
Support Plan
Assessment and use of valued personal outcomes

Content analysis of Personal Support Plans
Support Plans
Observation of actual practices
Support recipient interview
Family interview

(wherever applicable) and the support staff's.

Figure 6. Example of a participatory approach tool

- → The uptake of the framework across the EU can further increase via **pilot implementation** (see Figure 7³³). This will support in the development of a framework and accompanied toolkit that:
 - o is flexible enough to be integrated in existing frameworks and support in improving them or in the development of a framework in Member States with non-existing ones
 - raise awareness on the framework across regions and more local contexts to further increase its uptake
 - compile results from the pilot implementation that will support in a later review process of the framework developed by the European Commission. It is important to note that any successful pilot project shall not be discontinued after its finalisation. Adequate budget and planning shall be done since the onset of the project to ensure that its further implemented and incorporated in the national programs.

³³ EASPD (2021) Innovative frameworks for measuring the quality of services for persons with disabilities. Brussels. Available here: https://www.easpd.eu/publications-detail/report-on-innovative-frameworks-for-measuring-the-quality-of-services-for-persons-with-disabilities/



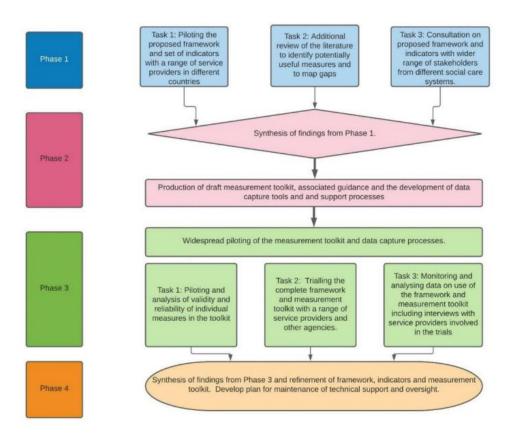


Figure 7. Recommended process for the development of the EU framework³⁴

³⁴ EASPD (2021) Innovative frameworks for measuring the quality of services for persons with disabilities. Brussels. Available here: https://www.easpd.eu/publications-detail/report-on-innovative-frameworks-for-measuring-the-quality-of-services-for-persons-with-disabilities/





4. Recommendations to the European Commission for the uptake of the EU Framework on Social Services of Excellence

- → The EU Framework on Social Services of Excellence initiative should be interlinked with other initiatives (existing and upcoming), such as the EU Care Strategy and the Guidance towards Member States on Independent Living and Inclusion in the Community. It should also pave the way for the development of other relevant initiatives and funding programmes which can support its uptake by Member States and Social Services. It should be part of a deinstitutionalization strategy to realise the transition toward community-based services, personal assistance and family support within the community.
- → A mechanism to facilitate and support the implementation of the Framework needs to be developed. This can be further promoted by the creation of a working group within the Disability Platform or the Social Protection Committee. The creation of this working group can accompany the work of the European Commission from the development of the framework to facilitating and monitoring its implementation. This working group should include persons with disabilities, their families and representative organisations, service providers and representative organisations, as well as other relevant stakeholders. This work requires a co-production approach generating partnerships, innovative ideas, and local know-how whilst respecting the roles and responsibilities of the different stakeholders. The Strategic Dialogues, along with the co-production approach during the development of the framework can also increase its future take up.
- → This working group can also facilitate in **monitoring the progress of the implementation of the Framework in different Member States**. Research grants can be created to support the group in identifying how the uptake of the framework is progressing after a period of 2-3 years after its publication.
- → EU funds could be used to facilitate the take up of the Framework. This could initially start though an EU funded project piloting the framework in social services in several European Countries (see Figure 7) resulting also in recommendations for scaling and take up throughout the EU. Following this the European Social Fund+ and the Support for Reform program can be used by managing authorities to support the implementation of the Framework in a more medium term, before transitioning to national and regional funding programmes.
- → A dissemination and exploitation strategy from the European Commission may also support in increasing the awareness of the Framework among Member States and other relevant stakeholders.
- → Additional research is needed at EU level, to better understand the development of services across Europe. There are important data gaps at EU level, related to quality, staff shortages, accessibility, and affordability of services, among others, which hinder the development and improvement of



services. **Research grants** that can also be used to enhance collaboration between different stakeholders, including people with disabilities, and this can also support to improve the quality of services. The program 'Onbeperkt meedoen' specifically in the Netherlands promotes the implementation of the UN CRPD by funding disability research on education, work, and healthcare. At the EU level this can be financed under the **Horizon Europe program** for research and innovation, together with the **creation of a Knowledge Hub** for exchange and transferability of good practice.

- → The European Commission can support Member States by providing them with **practical recommendations**, such as:
 - developing the assessment of quality of services in Member States not only as an
 overarching objective but also with definitions and methodologies specified, following the
 principles and indications of the EU Framework of Social Services of Excellence. This
 indicates a comprehensive quality framework focused primarily on the quality of life of the
 people with disabilities and other support needs but looking also on structures and
 processes.
 - o implementing **training programmes** on the framework, its principles (aligned with the UN CRPD), and indicators to accomplish its uptake within Member States in different levels, national, regional, and local. These training programmes should also include persons with disabilities as trainers and trainees. These training programmes can be further advanced through the development of hands-on trainings on the implementation of the principles of the framework on the day-to-day operation of services. This should also include elements relevant to the management of services to adequately drive towards a management culture seeking ongoing quality assessment of services and building upon the results. In addition, it should be linked with training programmes, such as the rights and principles of the UN CRPD, person-centred support, supported decision-making etc as a continuation of the framework training to frontline staff. The **Erasmus + funding program** can be supportive to reach this objective.
 - setting up a coordination agency within the Ministry encouraging cooperation between
 Ministries and between central and local authorities as this can support and promote the
 EU Framework on Social Services of Excellence, while ensuring the provision of high-quality
 services nationally.
- → The European Commission can support in highlighting the added value that the Framework can bring in the Member States, including for authorities and service providers.
 - High-quality services, as indicated on the EU Care Strategy, have clear benefits for all ages.
 From early childhood intervention to care and support services for older people, services play a crucial role in enabling and empowering people to live in dignity, fully enjoy their



human rights and improve their quality of life based on their needs and wishes. High-quality services can prevent insitutionalisation or the need for increased support later in life, reduce the pressure and responsibility of care that may be experienced by family and informal carers, as well as providing them with more life choices, career options and work-life balance. Therefore, high-quality services have benefits not only for the people in need of care and support but also for their carers and a positive impact to the society.

5. Conclusion

The EU Framework of Social Services of Excellence is an essential instrument to help Member States improve the quality of support services for persons with disabilities and other support needs but also in setting out the right foundations for the development of new ones.

An EU-wide vision on quality, based on human rights principles as enshrined in the UN CRPD, should be set-out in the framework. It should support in setting up what are quality support services. This means services that enable people to live independently within the community, while empowering and supporting them to live the lives they want, where they want and with whom they want, with choices, control and opportunities equals to others.

This EU Framework needs to also recognise and address the challenges identified in support services. These include the transition towards person-centred support services in the community, legal frameworks in compliance with the principles and rights of the UN CRPD, funding models who are sustainable, person-centred, flexible to respond to the evolving needs of people with disabilities and work opportunities in the sector that are attractive.

While quality assessment processes are a competence of EU Member States, the European Union plays a key -and increasing- role in supporting the development of high-quality services. European Funding programmes, the Disability Platform and Social Protection Committee, among others, are few of the tools that the EU has at its disposal to support Member States. These tools can help Member States modernise their quality assessment processes and exchange promising practices to develop and deliver high-quality services.

Lastly, the development of the Framework should initiate with the objective to be easily adopted by Member States. A co-production approach is needed to ensure that it will address the challenges people are facing in accessing quality support.

