

ECIS INCLUSIVE EDUCATION AND SEL SIG: Database for Grief and Loss and Trauma related counselling needed in stressful world events

1. Resources from ISCA:

<https://iscainfo.com/Crisis-and-Grief>

1. Speakers from ISCA:

Crisis Intervention in Schools: Practical Tips for School Mental Health Professionals

with Dr. Scott Poland

2. Who to email at ISCA for specific questions/ support:

We know in times of crisis, school counsellors can be the support that students and schools need. For our friends and colleagues around the world who might be responding to the crisis in Ukraine; we're here to support you.

Please reach out to us at counseling@iscainfo.com if you need additional support.

Thank you for all you do,
International School Counsellor Association

3. Resources from CTRI (Crisis and Trauma Resource Institute, Canada):

<https://ca.ctrinstitute.com/resources/>

<https://ca.ctrinstitute.com/workshops/category/grief/>

During these challenging times we've recently created some FREE topical and smaller resources on personal strategies for responding to difficult world events.

- A blog: [Strategies for Coping During Troubling World Events](#)
- A short video called [How to Cope with Stressful World News](#)
- Some audio exercises for [managing personal stress and anxiety](#). Two of these are ideal for children to use around breathing and a movement activity. *(please share widely as you think it makes sense)*



Phone: 204-452-9199

Toll Free: 877-353-3205

Email: info@ctrinstitute.com

4. Resources from Crisis Management institutions/ Humanitarian Offices/ Civil Protection in Disasters and wars in EU/ UN and WHO/ INTERNATIONALLY:

<https://www.acted.org/en/partners/european-commission-humanitarian-aid-civil-protection-echo/>

https://ec.europa.eu/echo/what/civil-protection/eu-civil-protection-mechanism_en

https://www.who.int/mental_health/emergencies/guidelines_iasc_mental_health_psychosocial_june_2007.pdf

WHO:

<https://www.who.int/news-room/feature-stories/detail/providing-mental-health-support-in-humanitarian-emergencies-an-opportunity-to-integrate-care-in-a-sustainable-way>

<https://www.who.int/activities/ensuring-a-coordinated-and-effective-mental-health-response-in-emergencies>

From US:

<https://www.citinternational.org/>

Red Cross:

<https://www.redcross.org/get-help.html>

Support in cases of forced Displacement of Refugees

https://ec.europa.eu/echo/files/policies/refugees-idp/Communication_Forced_Displacement_Development_2016.pdf

5. Online Counselling:

<https://www.thelindencentre.org/guided-self-help-online-counselling-services/>

<https://trumangroup.com/>

6. Debriefing and Crisis response Protocols for schools, an example here from Germany (your School counsellor teams can adjust them to your school's needs, characteristics and nuances): Attached here in the email.