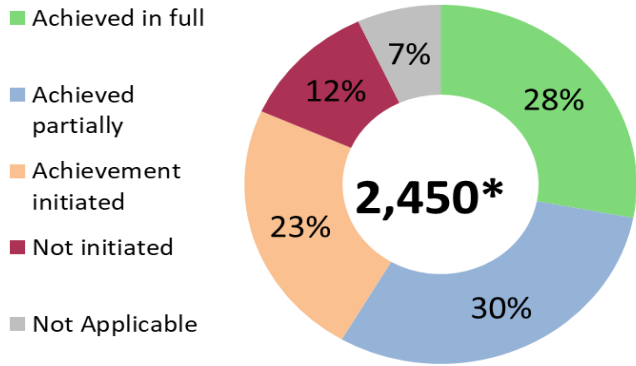


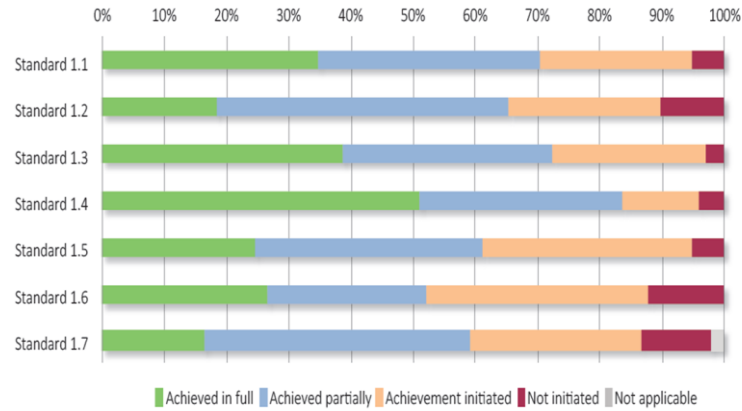
WHO QualityRights training and guidance tools

Speaker
Melita Murko

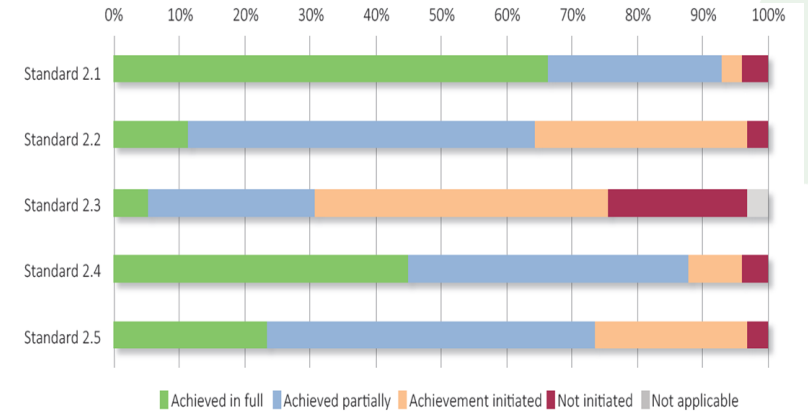
Overall findings (98 long-term care institutions across 25 European countries, 2018)



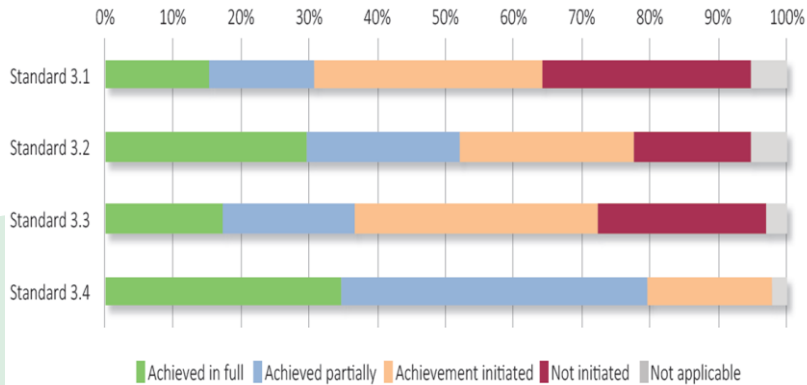
Theme 1: Adequate standard of living



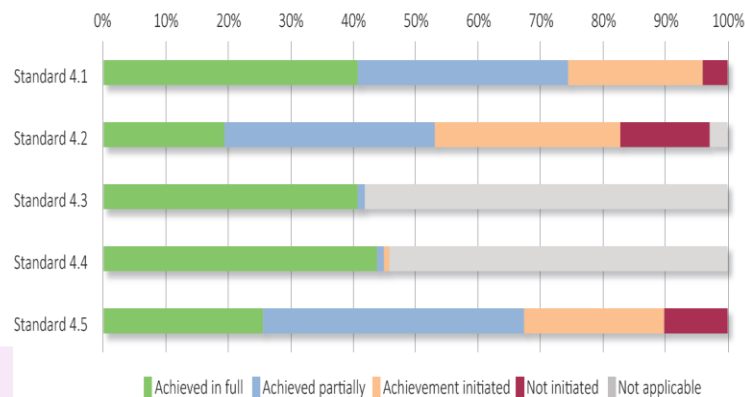
Theme 2: Physical and mental health



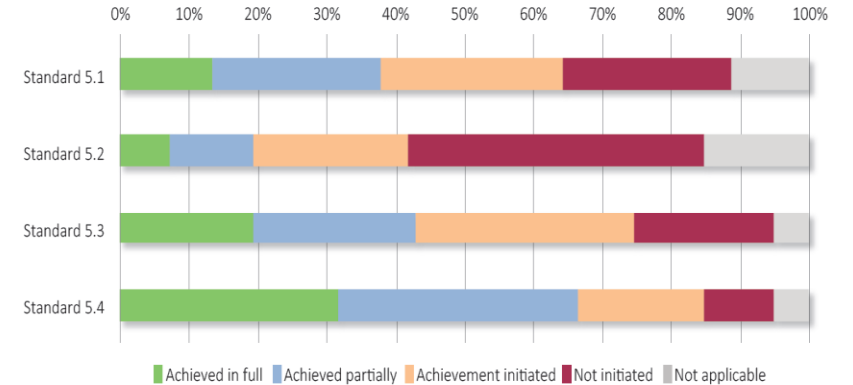
Theme 3: Legal capacity



Theme 4: Freedom from abuse




Theme 5: Living in the community



Capacity Building Face-to-face training modules

#ChoiceAndControl

<https://www.who.int/publications/i/item/who-qualityrights-guidance-and-training-tools>



Capacity building on human rights in mental health

QualityRights face-to-face training modules

Core
modules

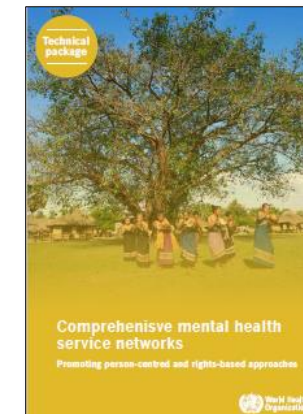
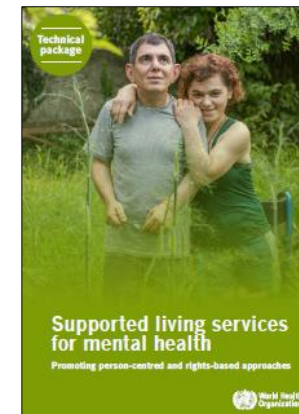
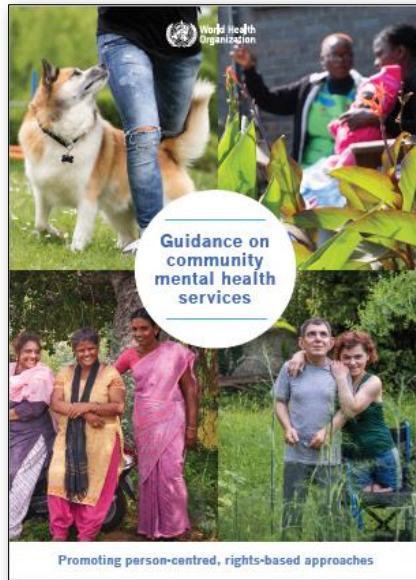


Specialized
modules





WHO Guidance on community mental health services: Promoting person-centred & rights-based approaches





- **Each selected service has embraced the paradigm shift from a biomedical model focused on symptom reduction to a rights-based approach**
- **Services were selected according to human rights criteria relevant for mental health**
 - ✓ Respect people's legal capacity - choice & decisions in treatment, care & support
 - ✓ Implement strategies to end coercion – seclusion, restraint, physical, sexual & emotional abuse
 - ✓ Actively involve and include people in their own care and in running of services
 - ✓ Link people to relevant community services and supports - social protection and disability benefits, housing, employment opportunities, etc.
 - ✓ Provide person-centered holistic care addressing relationships, work, family, and education – not just diagnosis, medication and symptom reduction
- **Each service had evaluation data demonstrating acceptability & effectiveness**





WHO QualityRights resources & links

#ChoiceAndControl

Capacity building

- **QR training & guidance materials:**
<https://www.who.int/publications/i/item/who-qualityrights-guidance-and-training-tools>
- **QR e-training on mental health, recovery & inclusion:**
<https://www.who.int/teams/mental-health-and-substance-use/policy-law-rights/qr-e-training>

Creating rights-based community services

- **Guidance & technical packages on community mental health services:**
<https://www.who.int/publications/i/item/guidance-and-technical-packages-on-community-mental-health-services>
- **QR service assessment toolkit:**
<https://www.who.int/publications/i/item/9789241548410>
- **QR module on transforming services & promoting rights:**
<https://www.who.int/publications/i/item/9789241516815>

Participation

WHO Guidance on one-to-one peer support

<https://apps.who.int/iris/bitstream/handle/10665/329591/9789241516785-eng.pdf>

WHO Guidance on peer support groups

<https://apps.who.int/iris/bitstream/handle/10665/329594/9789241516778-eng.pdf>

WHO Guidance setting-up civil society organizations

<https://apps.who.int/iris/bitstream/handle/10665/329589/9789241516808-eng.pdf>

WHO Guidance on advocacy campaigns

<https://apps.who.int/iris/bitstream/handle/10665/329587/9789241516792-eng.pdf>

Policy and law reform

WHO/OHCHR Guidance on mental health, human rights & law – **Launch on October 9, 2023**

WHO Guidance on mental health policies & strategic action plans - **coming soon**

WHO MiNDbank online database:

<https://extranet.who.int/mindbank/>

QualityRights country implementation portal: <https://qualityrights.org/>

Thank you!

