

GENERAL OBJECTIVE

Facilitate a support space for social and community inclusion for persons with intellectual and psychosocial disabilities that are not linked or use other services, due to the numerous barriers and protocols they have to comply with, to cover their basic needs

Professional profiles

NURSE – CLINICAL ASSISTANT

SOCIAL WORKER – SOCIAL EDUCATOR

In relation to basic need (health, hygiene, nutrition)

- Personal budget, tobacco and medication management.
- Support to basic tasks: grocery shopping, cooking, cleaning, personal hygiene, clothing.

In relation to social skills, learning and routines

- Cooperation and socialisation activities: Gardening, elaboration of natural soap.
- Leisure activities: go out for a drink, beach and trekking, gym routine.

Improved Personal Hygiene

- Increase on the number of showers per week (1 to 4)
- Increase on the number of laundries made by the person (0 to 2)
- Increase on the number of person changes their clothing (1 to 5)

Improved Health

- Estabilització i regularitat presa medicació de forma autònoma (els 7 dies a la setmana)
- Reducció 85% ingressos hospitalaris
- Follow-up visits to Primary Mental Health Services (non-linkage to bi-monthly visits)

Autonomy

- Autonomous purchasing of basic products (de 0 a 3)
- Autonomous use of kitchen & home appliances
- From a homelessness or infrahousing situation to rent or share a flat (72% of users in a 12 months period using the service)

Socialisation

- Participation in leisure activities per week (0 to 3)
- Connect with community services
- Linking the person to professional services (employment, education, health, social services)