

KRACHTIG ANDERS IN BRUSSEL

HUBBIE

Strongly different in Brussels

Speaker

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KRACHTIG ANDERS IN BRUSSEL

HUBBIE

= a service provider who assists people with a disability in their daily lives concerning living, working, learning, relaxing,
with a focus on quality of life

HUBBIE BEGELEIDT mensen met een beperking in wonen, werken, leren, ontspannen en vrije tijd.

Waarom? Omdat...

WIJ GELOVEN in een samenleving waar iedereen zich **thuis voelt**, helemaal zoals hij of zij is. Een samenleving waarin iedereen de kans krijgt om **graag te zien** en graag gezien te worden. Of dat nu is door een geliefde, de buren, de bakker om de hoek of de postbode die de stilte doorbreekt met een klepperende brievenbus.

WIJ VINDEN dat mensen **eigen keuzes** kunnen maken, vanuit hun unieke kracht, terwijl ze toch in volle verbinding staan met de wereld daarbuiten. Wij geloven in eenieders talenten en eenieders vermogen om te groeien, grenzen te verleggen, kleur te geven aan de eigen toekomst.

WIJ WILLEN dat iedereen een **kwaliteitsvol** leven leeft. Want daar heeft elkeen recht op. Niets meer, niets minder. Punt uit.

WIJ GAAN VOOR zo gewoon mogelijk én zo specifiek als nodig.
Ieder heeft zijn **eigen verhaal** en zijn **eigen noden**.



An overview

- INDIVIDUAL SUPPORT
 - Living independent / group living
 - Assistance at home / office / services
 - From 1h/month to 24h/day
- HOUSING
 - Living independent / group living
- WORK, RELAX & LEARNING
 - Activity centre
 - Supervised work, voluntary work
 - Learning academy
 - Leisure activities



Who?

Mostly adults*

- Intellectual disability
- Visual disability
- Hearing disability
- Autisme spectrum disorder
- Non-congenital brain injury
- Physical disability

*Children → inclusive leisure activities

Diagnosis is not always needed, a presumption is sufficient

Project “Hou me los” – “Hold me loose”

Balancing hold me tight / let me go

Project Hold me loose

GOALS

- A smooth transition to adulthood for young people with a disability and additional social-emotional difficulties
- who live in a group in a healthcare system
- who need assistance on different dimensions of daily life
- surrounded by a support network (family, friends, professionals)

By installing a 'connecting figure' who gets to know the young people, who gives confidence, we want to

- prepare the young people to adulthood
- improve the connections for the clients, for the teams, for the organisations

For whom?

Young people with a (suspect of) disability
who live in a group in a healthcare system
who will become adult in the next few years

Specifically young people with a mental disability and
Additional social-emotional difficulties (f.e. difficulties with attachment,
behavioral difficulties, psychiatric disorders, ...)

How we did this

1. Going on a trip with the young people up to adulthood
 - Make time to get to know the young people
 - Talk about what they want for the future, make up a plan together
 - Explore the world outside the group, visit some possibilities for the future concerning living, work, daycare, spare time, ... linked to the assistance that they need
 - Talk about this together with the young people and their support network
 - Building on their network
 - Starting the procedure to get a budget for assistance as an adult

Taking steps together with the young people in the direction of a new way of living (independent, in group, another supportive environment, ...)

We stayed present until the moment they said 'it's okay to let me go'

How we did this

2. Cooperation with the teams where the young people live

Exchange experience and knowledge between the organisations for the minors and the organisations for the adults

3. Cooperation between the organisations (policy)

OUR MAIN GOAL?

Continuity in the lives of those young people,
not having a gap between the assistance for minors and adults

On trip with the youngsters

- 9 different youngsters
- 7 boys, 2 girls
- Age 17-21

Big diversity in

- what we did,
- what we reached,
- and where they landed

	Profiel	Aangemeld door	Wel of niet PVB	Doorverwijzing/afronding
M, jongedame 21j	verstandelijke beperking	MFC De Ark	Ja, toegekend (maar niet volledig)	Hubbie woonhuis
B, jongedame 20j	verstandelijke beperking + hechtingsmoeilijkheden	MFC De Ark	Ja, toegekend (maar niet volledig)	Mobiele VAPH-begeleidingsdienst ism CBAW in West-Vlaanderen
N, jongeman 21j	verstandelijke beperking + hechtingsmoeilijkheden + psychische beperking	Hubbie / MFC De Ark	Nee (vroegtijdig vertrokken uit organisatie, niet in staat tot doorlopen procedure)	Franstalige dienst beschut wonen in Wallonië
A, jongeman 19j	autisme + hechtingsmoeilijkheden + psychische beperking	CAW / MFC K.I.Woluwe	Ja (goedgekeurd maar nog niet toegekend)	Hubbie mobiele werking
B, jongeman 17j	verstandelijke beperking + hechtingsmoeilijkheden + psychische beperking	MFC Huis in de rij	Nee (opgestart, maar niet in staat tot doorlopen procedure)	Verhuisd naar Wallonië

	Profiel	Aangemeld door	Wel of niet PVB	Doorverwijzing/afroding
A, jongeman 21j	ADHD + hechtingsmoeilijkheden + vermoeden psychische beperking	MFC Levenslust	Nee, geen doelgroep VAPH als volwassene	JAC Brussel
N, jongeman 21j	vermoeden verstandelijke beperking	Minor Ndako	Nee, geweigerd door VAPH	Minor Ndako
L, jongeman 19j	verstandelijke beperking + hechtingsmoeilijkheden	MFC De Ark	Nee, aanvraag is lopende	Verbleef nog steeds in MFC De Ark
A, jongeman 17j	hechtingsmoeilijkheden	MFC Huis in de rij	Nee, geen doelgroep VAPH als volwassene	JAC Brussel / verhuisd naar Antwerpen

What we did with the teams

Supporting different teams in Brussels

- Working together for the projects of those young people
- Giving information about adult organisations and regulations for adults with a disability
- Thinking together how you can make a plan together that works, building up together a plan that works
- Visiting the organisations of one another
- Education to the educators of the different organisations at the same time, exchange of experience
- Referral and cooperation with specific organisations for mental health by youngsters

What did the youngsters think about it

“I am gratefull that you are there, to guide me. You think with me about solutions for the future.. Otherwise I would be stuck...”

“You made it come true that I am living now in a place where I feel really comfortable”

“It has not always been easy, but you were there for me, also in hard times, when it felt like there was nobody left...”

“It has not always been easy, but you were there for me, also in hard times, when it felt like there was nobody left...”

“She was always there for me!”

“The assistant is honest and open. I can talk about what ‘s on my mind”

“Hou me vast, laat me los
Heb me lief, vind me gemeen
Ik sla m’n armen, m’n alles
steeds weer om je heen”

“ Hold me tight, let me go
Love me, think I’m naughty
I wrap my arms, my everything
around you, again and again”

Thank you!

