

**Practical ways for providing support to persons
with intellectual disabilities and mental health issues**
**#ParentsToParents - peer network
for families of children with
disabilities in Slovakia**

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PLATFORM OF FAMILIES
WITH CHILDREN WITH DISABILITIES

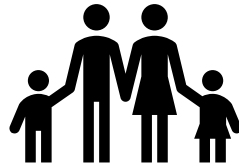


PLATFORM OF FAMILIES

WITH CHILDREN WITH DISABILITIES

ACTIVITIES

Family support



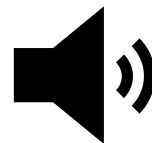
2000 supported families (since 2021 – 242 from UA)

Legal enforcement



26 working groups – ensured reforms for millions Eur

Raising Awareness



69% population above 12y reached



PLATFORMA RODIN
DEPARTAMENTUL DE ÎNCĂLZIRE ȘI ÎNDRUMĂRI
PSIHOSOCIALE

unicef
for every child

#ParentsToParents – peer network

A bit of THEORY

PEER = someone at your own level, latin „par“ means equal*

WHO and PEERS: As experts by experience, peers are able to uniquely connect with, and relate to individuals going through a challenging time because of their first-hand knowledge and experience. **Peer support is reported to be a central pillar in many peoples' recovery.****

„A CHILD DOES NOT EXIST – THERE IS ONLY MOTHER AND CHILD“***

*<https://www.vocabulary.com/dictionary/peer>

**<https://iris.who.int/bitstream/handle/10665/341643/9789240025783-eng.pdf?sequence=1>

***Donald D. Winnicott

#ParentsToParents - peer network for families of children with disabilities in Slovakia

Peer counsellors, who are parents of children with disabilities, provide valuable peer-to-peer counselling based on their own experience to other parents and family members of children with disabilities.

**43 peer
counselors**

**500 hours of
training**

**5000
consultations**

**2000
supported
families**



#ParentsToParents – ONE to ONE SUPPORT



#ParentsToParents – GROUP SUPPORT



#ParentsToParents – ENDFORCING RIGHTS OF CHILDREN WITH DISABILITIES



10 INOVATION POINTS of #ParentsToParents support peer network

#ChoiceAndControl

1. **FIRST AND THE ONLY ONE PARENTAL PEER NETWORK IN SLOVAKIA**
2. **PARENT PEER ELEMENT**
3. **NATION WIDE IMPACT**
4. **PRECISE RECRUITMENT CRITERIA**
5. **SAFETY RULES**
6. **ETICAL CODE AND CULTURE**
7. **BASIC + ONGOING TRAININGS + SUPERVISIONS**
8. **SUPPORTIVE COMMUNITY INSIDE**
9. **EFFECTIVE ADVOCACY AND COMMUNITY LEADERS**
10. **COOPERATION ON PEER LEGISLATION SET UP IN SLOVAKIA**



Guaranteeing
Choice & Control

Transforming Mental Health and Psychosocial Disability Support

Thank you!



PLATFORM OF FAMILIES

WITH CHILDREN WITH DISABILITIES

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