



WHAT ARE THE OBJECTIVES?

This project will not only address the needs and skills of persons with intellectual disabilities and/or mental health conditions, but also those of their care providers - both professionals and family members.

The expected results will be for service users to feel more empowered to make supported decisions regarding their sexuality and for supporters to feel better equipped to support decision making.

WHAT ARE THE ACTIVITIES PLANNED?

To ensure the abovementioned target groups feel more empowered and better equipped, the project will produce the following deliverables:

- **Guidelines** on supported decision making and practices in the field of sexuality for persons with intellectual disabilities and/or mental health conditions - addressed to professionals and family caregivers.
- **Awareness toolkit** for service users.
- **Training course** for caregivers.



THE PARTNERSHIP

*The consortium is made up of service providers: **Fundació Astres** (Spain), the coordinator, **ARCIL** (Portugal) and **Theotokos** (Greece) as well as more technical partners: **SCT** (UK) producing staff training, and **EASPD** (Belgium) representing service providers.*

Follow the links to be redirected to the partners' websites and get to know more about them.

*For more information, you can contact the project coordinator, **Fundació Astres** at idea@plataformaeducativa.org*



Co-funded by the
Erasmus+ Programme
of the European Union